

MINUS8



BLUEBERRY DESSERT
Adapted From Cooks.com

Ingredients

1 c. + 2 tbsp. sifted flour
pinch salt
1 c. + 2 tbsp. sugar
½ c. butter
1 tbsp. 8 Brix white Verjus
dash of cinnamon
3 c. blueberries

Directions

Recipe can be frozen.

Combine 1 cup flour, salt and 2 tablespoons sugar. Work in butter with fingers or pastry blender. Mix in 8 Brix White Verjus. Spread crust mixture in bottom of 9" pan to ¼" depth and thinly up sides to height of 1".

Combine 1 cup sugar, 2 tablespoons flour and cinnamon. Add 2 cups blueberries. Pour into crust. Bake at 400 degrees for 1 hour. Remove from oven and put 1 cup uncooked blueberries on top. Cool.

To Freeze: Cool and freeze.

Can use peaches, nectarines or plums instead of blueberries.