



MINUS8
VINEGAR & VERJUS

RECIPE CARD

APPLE 8 SYRUP



APPLE8 VINEGAR

5% ACETIC ACID VINEGAR | 200 ml, 1 litre
Apple 8 is apple cider vinegar that tastes like fresh pressed apple cider. Amazing in cocktails, savoury foods, and desserts.

Serves: 4

Prep Time: 5 min

Cooking Time: 8 min

Ingredients: 4 tbsp castor sugar
2 tbsp water
1/3 cup apple juice
1/2 tsp arrowroot mixed with 1/4 teaspoon cold water
1 tbsp Apple 8 Vinegar



Method:

- Dissolve the sugar in the water, in a saucepan.
- Heat, while continually stirring, until the mixture turns amber. Don't burn it.
- Turn off the heat, and stir in the apple juice slowly and carefully.
- Add the arrowroot-water mixture to the pan, stirring constantly.
- Boil this mixture until thickened, remove from heat, let cool.
- Stir in the Apple 8 Vinegar.