



MINUS8
VINEGAR & VERJUS

RECIPE CARD

POACHED APPLE 8



APPLE8 VINEGAR

5% ACETIC ACID VINEGAR | 200 ml, 1 litre
Apple 8 is apple cider vinegar that tastes like fresh pressed apple cider. Amazing in cocktails, savoury foods, and desserts.

Serves: 4

Prep Time: 5 min

Cooking Time: 8 min

Ingredients: 2 ¾ cups fresh apple juice/cider
2 tbsp Apple 8 Vinegar
½ cinnamon stick
1 inch fresh ginger, thinly sliced
2 apples, peeled, cored, and halved



Method:

- Bring apple juice, cinnamon, and ginger to a boil.
- Add apples and Apple 8 vinegar.
- Cover with parchment; simmer until tender, 8 minutes.